

Dr Kanailal Bhattacharyya college

B.Sc. 4th semester,2023

College Internal Evaluation (CIE)

Subject - Food & Nutrition (general)

Paper – CC-4 (Basic Nutrition and Food Science)

Date : 18.05.23

Time :1.00P.M - 1.30 P.M

Full marks -5*2= 10

Write down any 5 questions from below.

- 1. What are micro nutrients ? give example**
- 2. Why vitamins and minerals called protective food?**
- 3. Classify carbohydrates with example.**
- 4. Which vitamin disorder cause scurvy and neural tube defects?**
- 5. Write down two factors which affects our BMR ?**
- 6. What is protein sparing action?**
- 7. Write down two major source of iodine?**
- 8. Write down the name of two unsaturated fatty acids?**