



Phone : 2627-2490 (College Off.)
Principal : 9903389092
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Fax : 91-33-2627-3241
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Website : www.drklbcollege.ac.in

DR. KANAILAL BHATTACHARYYA COLLEGE

(Affiliated to the University of Calcutta)
Re- Accredited with 'B' Grade by NAAC
15, KONA ROAD, RAMRAJATALA,
P.O. SANTRAGACHI, HOWRAH - 711104

Ref. No.

Date :

STARTING OF SELF DEFENSE CLASSES (15/9/19)

Self Defense classes for the girl students in College was started under the NSS Unit, on 15.9.2019. Self defense experts from different states and also students of other colleges as trainers, participated and demonstrated various kinds of tactics for self defense. Students were highly encouraged and almost sixteen girl students joined the self defense programme in college, and are now undergoing training for Championship.



Prof. Moushumi Mojumder (Pal) Karate Black Belt, 2nd DAN & lecturer of Philosophy Honourable Governing body member dr. swapankumar das and principal dr. kaustubhlahiri

Authenticated

K. Lahiri
29/11/2019
(Dr. Kaustubh Lahiri)
Principal

Dr. Kanailal Bhattacharyya College



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Date :

Students Displaying Different Karate Strokes



Authenticated

K. L. L.
24/12/2022
(Dr. Kaustubh Lahiri)
Principal
Dr. Kanailal Bhattacharyya College



DR. KANAILAL BHATTACHARYYA COLLEGE

NSS UNIT

15, Kona Road, Ramrajatala, P.O. - Santragachi, Howrah - 711 104



NSS Programme Officer

Dr. Sampa Ray Bagchi

Mob. : 9836569066

Email ID : raybagchisampa2005@gmail.com

Phone No. : 2627 2490

Fax : 91 33 2627 3241

E-mail ID : klb_college@gmail.com

Website : www.drklbcollege.ac.in

Ref. No. :

Date :

Theme-Practice national integration and

socialharmony Event organized to

accomplish the theme CYCLATHON KEEP

INDIA FIT CAMPAIGN

Under the guidance of University of Calcutta, on 18.1.2020 almost 20 NSS Unit Students with three teachers went for a 5km Cyclathon from College to Kadamtala Power Station, and back. After the event the students were updated about their health, like eating the right kind of food, maintaining regulated life, need for everyday excersises by NSS Programme officer Dr.Sampa RayBagchi, Dr.Samir Kumar Naskar. NSS member and was shown some live demonstration on yoga by Prof. Bidusi Sardar, member of NSS. Students enjoyed thoroughly.

OUTCOME

Students were made aware of taking care of their health, to keep themselves fit andwereencouragedtodoregularexercises.

BENEFICIARIES

20Students, 3 Teachers, 3 Staff, 10 CommunityPeople.

Authenticated

K. Lahiri 26/12/2020
(Dr. Kaustubh Lahiri)
Principal

Dr. Kanailal Bhattacharyya College



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NSS UNIT

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NSS Programme Officer

Dr. Sampa Ray Bagchi

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Ref. No. :

Date :

CYCLATHON



NSS Volunteers, Programme Officer & Teachers at Kadamtala (Howrah) Power Station during the Event.

Authenticated

Kaustubh Lahiri
26/1/2020

(Dr. Kaustubh Lahiri)

Principal

Dr. Kanailal Bhattacharyya College



DR. KANAILAL BHATTACHARYYA COLLEGE

NSS UNIT

15, Kona Road, Ramrajatala, P.O. - Santragachi, Howrah - 711 104



NSS Programme Officer

Dr. Sampa Ray Bagchi

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Fax : 91-33-2627-3241

E-mail ID : kdb.college@gmail.com

Website : www.drklbcollege.ac.in

Ref. No. :

Date :



UNIVERSITY OF CALCUTTA

NATIONAL SERVICE SCHEME (NSS)

Ministry of Youth Affairs and Sports, Govt. of India

&

Higher Education Department, Govt. of West Bengal

Phone : 033 2241-0071

033 2241-4984

033 2257-1470

Tele Fax : 033 2257-1470

Ref No. NSS/PVC/02/2020

Date 14-01-2020

To Dr. Sampa Ray Bagchi
NSS Programme Officer.
Kdb
14/01/2020

Notice

As per the approval of the Hon'ble Vice-Chancellor of our University all the principals of Colleges/ Mahavidyalaya affiliated to our University having NSS Unit(S) are requested to organise **Fit India Cyclathon** on 18.01.2020 according to the enclosed guidelines sent by Smt. Sarita Patel, Regional Director, Regional Directorate of NSS, Kolkata, Govt. of India.

Date: 14-01-2020

Kay
Prof. Minakshi Ray
Programme Coordinator, NSS
&
Pro-Vice-Chancellor (BA&F)
University of Calcutta

NSS Office: Senate House, Asutosh Building (Gr. Floor), 87/1, College Street, Kolkata - 700 073
Phone: 033-2241-0071/4984, Ext: 344, Fax: 033 2241-3222

Authenticated

Kaustubh Lahiri
(Dr. Kaustubh Lahiri)
Principal

Dr. Kanailal Bhattacharyya College



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Discourse on how to keep fit after the event



Authenticated

Kdms
(Dr. Kaustubh Lahiri)
Principal

Dr. Kanailal Bhattacharyya College



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NSS Volunteers taking part in Cyclathon

Sl No	NAME	Ph No
1.	Sanjib Kumar Porel	9073664771
2.	Sourav Majhi	6290619248
3.	Bipasa Das	8334946009
4.	Sujoy Maji	7044248560
5.	Amit Dhara	9038010380
6.	Arnab Chowdhury	6290543734
7.	Subhajit Roy	6290521076
8.	Soumajit Mondal	6290428529
9.	Purnima Malik	8420049745
10.	Dipika Hazra	9163723024
11.	Suparna Jana	8116636406
12.	Subhasish Deb Barman	8100605331
13.	Sukla Sailo	
14.	Avik Saw	6290014325
15.	Dipankar Singh	6290099751
16.	Gopal Chandra Saw	6291633245
17.	Deap Barua	8100605331

Authenticated

Kaustubh Lahiri
(Dr. Kaustubh Lahiri)
Principal

Dr. Kanailal Bhattacharyya College